



My Activity Passport

Name

Start Date

Welcome to your Loughton School 'My Activity Passport'!

Inside this activity passport you will find a page for each year of your time at Loughton School, filled with activities for you to have a go at during that year. Some of the activities might be carried out during the school day, others outside of school time.

The idea behind the passport is to encourage you to try new things and accomplish tasks you didn't know you were capable of. There are a huge range of different activities included for each year with lots of fun to be had in giving them a go.

Progress will be checked termly. Every child who shares evidence of completing at least 10 of the challenges will earn themselves a 'half way there' certificate and a silver token worth **25 house points**. Children who share evidence of completing all 20 of their year group activities will earn a certificate and a gold token worth **50 house points!** So, get stuck in—and enjoy!

The deadline for submitting all evidence for the academic year 2023-24 is **Friday 5 July**.





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Year 3



	Activity	Tick	Date
1	Plant some bulbs and watch them grow		
2	Design and create your own board game		
3	Make some biscuits and share them		
4	Eat something you've not tried before		
5	Stay away from home for a night		
6	Look up where you live on a map		
7	Buy something and check your change		
8	Compose a piece of music		
9	Paint a self portrait		
10	Create a mosaic		
11	Join an extra-curricular club		
12	Climb a tree		
13	Learn a new game		
14	Produce rubbings of fossils		
15	Try yoga		
16	Eat something you have grown		
17	Visit an art gallery		
18	Post a letter		
19	Cook outdoors		
20	Learn to play a game of cards		

Year 4



	Activity	Tick	Date
1	Take part in a Roman banquet		
2	Create a soundtrack or a piece of film		
3	Make a pinhole camera		
4	Make a musical instrument		
5	Create a display for show and tell		
6	Write and perform a poem		
7	Choreograph a dance		
8	Make a sculpture		
9	Explore inside a cave		
10	Walk through a forest		
11	Learn about and visit a new religion/place of worship		
12	Make up a new game and teach it to someone		
13	Visit a museum		
14	Skim stones		
15	Go swimming		
16	Learn to sew on a button		
17	Go hiking		
18	Take part in a treasure hunt		
19	Visit a famous local landmark such one with a blue plaque or golden postbox		
20	Make your own school lunch		

Year 5



	Activity	Tick	Date
1	Take part in a debate		
2	Learn something new about your local area		
3	Attempt to learn to moon walk		
4	Make and launch a rocket		
5	Use an OS map		
6	Go orienteering		
7	Do a blind folded taste test		
8	Write a story for a year 3 class		
9	Make a large scale model		
10	Visit a science laboratory/museum		
11	Write a short play		
12	Do a kind deed for someone you don't know		
13	Make something from papier mache		
14	Climb something that is taller than you		
15	Pick up litter in your local area		
16	Plan and cook a meal		
17	Visit your local MK library		
18	Learn how to count to 10 in a new language		
19	Design and make an electric model		
20	Camp outdoors		

Year 6



	Activity	Tick	Date
1	Keep a diary for a week		
2	Take a trip on a train		
3	Send an email to a trusted adult		
4	Learn to knit something		
5	Write a speech		
6	Join a new extra-curricular club you haven't tried before		
7	Plan a tour around your local area		
8	Interview someone		
9	Visit a local charity and find out how you can support them		
10	Learn how to access the news		
11	Design a product and pitch it to 'investors'		
12	Choose objects to put in a time capsule		
13	Write and record/broadcast a radio play		
14	Make a dessert		
15	Organise tea for parents/carers		
16	See the sun rise or sun set		
17	Do something helpful for a younger child at school		
18	Go for a picnic		
19	Write a book review for a year 5 child		
20	Visit a famous building linked to WWII		

