Week Three Menu

WEEK COMMENCING

18/09, 09/10, 06/11, 27/11, 18/12, 15/01, 05/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	HONEY MUSTARD CHICKEN VEGGIE SAUSAGE TOAD IN THE HOLE Y	BEEF CASSEROLE RED ONION & BROCCOLI QUICHE V	ROAST PORK ROAST QUORN IN GRAVY V	SAUSAGE PLAIT CHEESE & TOMATO PASTA BAKE v	BREADED FISH FINGERS CHEESE & TOMATO PIZZA V
STARCHY DISHES	PARSLEY BUTTERED POTATOES	SPRING ONION MASHED POTATO	ROAST POTATOES	SAUTE POTATOES	CHIPS
VEGETABLES	CARROT & SWEDE MASH MIXED VEG	PARNSIPS BROCCOLI	CARROTS CABBAGE	PEAS SWEETCORN	PEAS BAKED BEANS
DESSERTS	GINGER CAKE & CUSTARD	APPLE CRUMBLE & CUSTARD	CINNAMON SWIRLS	STRAWBERRY MOUSSE WITH BERRY COMPOTE	ICE CREAM

Jacket Potatoes, Freshly baked bread, Salad bar & fresh fruit available daily





Wise Choices