



Personal, Social Health & Citizenship Education Policy (PSHCE)

1. Purpose of PSHCE

The purpose of the PSHCE curriculum at Loughton School is to provide all pupils with opportunities to:

- Develop confidence and responsibility and make the most of their abilities
- Prepare to play an active role as citizens through developing skills for living and valuing themselves and respecting others
- Develop a healthy lifestyle
- Contribute to their community and the wider world and becoming morally and socially responsible
- Develop good relationships and respect the differences between people.

Personal, social, health, education (PSHCE) enables children to become healthy, independent and responsible members of society.

We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self-worth. We teach them how society is organised and governed.

We ensure that they experience the process of democracy in school through the school council.

We teach them about rights, respect and responsibilities.

They learn to appreciate what it means to be a positive member of a diverse multicultural society.

2. Goals of PSHCE

The aims and objectives of learning PSHCE Education:

- Help children develop lively, enquiring minds, to acquire knowledge and develop the skills of communication and information handling which equip them for adult life.
- Help children to appreciate and be concerned about their environment and understand the interdependence of individuals, groups and nations.
- Help children to understand how their bodies work and how to express feelings and emotions appropriately.

- Help children achieve self-discipline and commitment so that they reach the highest standards of which they are capable.
- Promote a good understanding of healthy relationships and how to keep themselves safe.
- Encourage children to develop creativity and expression.
- Encourage children to take an active and responsible role in their learning.

PSHCE encompasses all areas designed to promote children's personal, social, health development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, and make the most of their own abilities and those of others. Additionally, children will come to appreciate difference and diversity.

PSHCE is very closely linked to Social, Moral, Spiritual and Cultural development (SMSC). Explicit opportunities to promote pupils' development in these areas are provided in framework for personal, social and health education (PSHCE) and citizenship.

3. Value of PSHCE

Loughton School that PSHCE Education is central to the educational entitlement of all of our children. Although it will be taught in part through discreet lessons, elements of PSHCE permeate all aspects of school life. Children will gradually build on the skills, attitudes and values, knowledge and understanding they have started to acquire and develop during the previous parts of their schooling. PSHCE education offers learning opportunities and experiences which reflect the increasing independence and physical and social awareness of children as they move through the primary phase. They learn skills to develop effective relationships assume greater personal responsibility and keep themselves safe.

4. Sensitive to Individuals Needs

It is important to remain flexible as events such as bereavement might require learning to be incorporated at a specific time. PSHCE education assists pupils to cope with the changes at puberty, introduces them to a wider world and enables them to make an active contribution to their communities.

5. Delivery Plan

PSHCE Education will be covered through a combination of:

- Discrete timetabled sessions
- Teaching PSHCE and Citizenship through, and in, other subject/curriculum areas (e.g. Science, Literacy, History, P.E. and assemblies)

- School events and activities (e.g. off site visits and school celebrations)

6. Differentiation for SEN and Able Children

Throughout their school career children will be at different levels of maturity, will have varied life experiences and a range of attitudes and feelings. Lessons should be planned to allow their perceptions to be articulated, with all contributions being valued and respected. In relation to some sensitive issues, such as sex and relationship education or drug education, the teacher needs to ensure that the teaching point is conveyed in language that is accessible and appropriate to the children.

Teachers may need to use different resources, activities or provide specific support depending on the needs of their pupils. The programme should be broad and balanced and provide for pupils' different learning styles.

As partners in education, parents are made aware of the topics being covered, so they can provide support and be prepared for any questions which may arise

All teachers, teaching assistants, midday staff and administrative staff are responsible for informing the teachers about notable points of personal and social development in individual pupils. It is the responsibility of individual teachers and the SEN co-coordinator to identify pupils' progress which is well above or below that which is expected.