

YEAR 6 SRE MEDIUM TERM SPRING TERM – Parents/carers

W/B	Vocabulary	RESOURCES	I CAN STATEMENTS (children's knowledge)	OVERVIEW OF LESSON (Teachers knowledge)
Changing Bodies	Reproduction, male, female, penis, vagina, breasts, species, womb, uterus, egg, fetus, baby, testicles, sperm, testes, testosterone, hormones, shape, weight, voice change, periods, erections, wet dreams, masturbation, discharge, acne, body odour, emotions.	Changing Bodies PowerPoint Changing Bodies lesson plan Changing bodies activity Changing bodies fact sheet Changing bodies prompt cards PSHE journal Ground rules poster	I can use scientific vocabulary when talking about the human body. I can discuss changes my body will go through and I know what to expect. I can explain how to look after my changing body. I can explain how to protect my body and stay safe.	AIM: To learn how their body will change as they approach and go through puberty. To understand that they have the right to protect their body from inappropriate and unwanted contact. BIG QUESTIONS What are the changes that occur in boys' and girls' bodies during puberty? How can we look after our changing bodies as we grow? WARNING: CHILDREN CAN ONLY BE WITHDRAWN FROM SOME ELEMENTS OF THIS LESSON.
Self esteem	Self-esteem, positive, negative, triggers, life difficulties, social media, altered images, fake news, consent.	PSHE journals Ground rules poster	I can explain what self-esteem is. I can describe what makes my self esteem go up as well as down. I can identify my triggers and know how to manage them. I can explain and understand how some images online can be altered. I can explain why people alter images.	AIM: What is self-esteem? What does it mean and how would you know if you have positive self-esteem? What are your triggers? Self-esteem can change depending on what is happening in our lives. What happens to us with positive self-esteem and how we may feel. Social media and how this can affect our self-esteem. Altered images Why would someone feel they have to do this? WARNING: CHILDREN CANNOT BE WITHDRAWN FROM THIS LESSON

<p>Emotional Changes</p>	<p>Puberty, male, female, emotions, feelings, hormones, sexual, sex.</p>	<p>Emotional changes PowerPoint Emotional changes lesson plan Emotional changes puberty problem pages Problem page sentence starters Problem page advice sheet Support with changing emotions fact sheet PSHE journals Ground rules poster Question box Post it notes</p>	<p>I can use scientific vocabulary when talking about puberty and changes. I can discuss the emotional changes I might experience and know what to expect. I can talk about where to get help and advice if I need it.</p>	<p>AIM: To learn about the ways in which puberty can affect us emotionally. To describe how thoughts and feelings may change during puberty and suggest how to deal with those feelings. BIG QUESTIONS How might our thoughts and feelings change during puberty? How can we deal with difficult feelings and moods? WARNING: CHILDREN CANNOT BE WITHDRAWN FROM THIS LESSON</p>
<p>Just the way you are</p>	<p>Body image, self-esteem, beauty, media, advertising, ideal, appearance, stereotype, positive, negative, representative, society.</p>	<p>Just the way you are presentation Just the way you are lesson plan Activity sheet PSHE journals Ground rules poster</p>	<p>I can explain the term 'body image'. I can name some things that affect the way we see ourselves. I can discuss how people have different bodies and can look very different from one another and that this is a good thing.</p>	<p>AIM: To understand the influences around us that affect body image and the way we see ourselves. I recognise that many things affect the way we feel about ourselves and I understand that there is no such thing as an ideal body. BIG QUESTIONS Is there an ideal kind of body? What information can affect how we think and feel about ourselves and our bodies? WARNING: CHILDREN CANNOT BE WITHDRAWN FROM THIS LESSON</p>

<p>Relationships</p>	<p>Sex, heterosexual, homosexual, gay, lesbian, bisexual, sexual orientation, society, race, disability, age, civil partnership, commitment. Misogyny and sexual harassment.</p>	<p>Access to the YouTube video 'Love Has No Labels' Relationships presentation Relationships lesson plan Loving relationships activity sheet Elements of a loving relationship poster PSHE journal Ground rules poster</p>	<p>I can discuss the terms associated with love, relationships and sexual orientation and explain what they mean. I can appreciate that people differ in terms of sexual orientation and who they love. I can describe what makes a loving relationship.</p>	<p>AIM: To learn about the difference between sex, gender identity and sexual orientation and the terms associated with sex, gender identity and sexual orientation. To learn that forcing anyone to marry is a crime; that support is available to protect and prevent people from being forced into marriage and to know how to get support for themselves or others. I understand what a loving relationship is and that there are many types of relationships. BIG QUESTIONS: What is a loving relationship? What kinds of loving relationships are there? WARNING: CHILDREN CANNOT BE WITHDRAWN FROM THIS LESSON</p>
<p>Let's talk about sex</p>	<p>Sex, sexual, sexually transmitted infection, intercourse, reproduction, heterosexual, bisexual, homosexual, penis, vagina, egg, sperm, safe sex, consent, conceive, conception, condom, contraception, contraceptive pill, legal, illegal, crush, fancy.</p>	<p>Let's talk about sex presentation. Let's talk about sex lesson plan Let's talk about sex quiz Let's talk about sex activity sheet Question box Post it notes PSHE journals Ground rules poster</p>	<p>I can describe the terms 'sexual relationship' and 'sexual intercourse'. I can explain who can have a sexual relationship, according to the law. I can explain what an STI is and I know how these can be prevented.</p>	<p>AIM To understand the term 'sexual relationship'. I understand what a sexual relationship is and who can have a sexual relationship. BIG QUESTIONS What is a sexual relationship? Who can have a sexual relationship? What is an STI? How can an STI be prevented? WARNING: CHILDREN CAN BE WITHDRAWN FROM THIS LESSON</p>

Human reproduction	Conceived, conception, reproduction, sexual intercourse, contraception, birth, sperm, egg, penis, testicles, vagina, uterus, womb, zygote, embryo, foetus, umbilical cord, placenta, amniotic sac, nutrients, labour, vaginal birth, caesarean section (C-section).	Human reproduction presentation Human reproduction lesson plan Images and vocab sheet Illustrated glossa Comic strip activity PSHE journal Access to the video – A Short Video from Conception to Birth Ground rules poster	I can use the appropriate scientific vocabulary when talking about human reproduction. I can explain what contraception is. I can describe how a baby grows inside the womb. I can explain how a baby is born.	<p>AIM: To learn about human reproduction. I can describe the process of human reproduction, from conception to birth.</p> <p>BIG QUESTIONS: How is a baby conceived? What is contraception? How does a baby grow? How is it born?</p> <p>WARNING: CHILDREN CAN BE WITHDRAWN FROM THIS LESSON</p>
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